



WEAR
 FACEMASK



SANITIZE
 YOUR HANDS



KEEP
 DISTANCE



I. Scope

1. Spatial

The following rules apply to the entire event premises of the 2020 European Rowing Championships 2020 in Poznan, Poland.

These include:

- Area restricted to accredited participants,
- Grandstand and spectator's area,
- Entire regatta course and return channel,
- Start Tower,
- Aligner's hut,
- Start bridge.

2. Temporal

The following rules are valid from the time of arrival in Poznan until the time of final departure even outside the officially announced training and competition days.

II. General Regulations

1. Athletes, support, team delegates and regatta staff may not participate in the regatta in case of any COVID-19 related symptoms. They are not allowed to enter the event premises, must stay isolated, consult a doctor and follow his/her instructions. This also applies in case of any personal interaction with a third party having COVID-19 related symptoms. Organizing Committee (OC) Medical Officer can be contacted covid@rowing.poznan.pl in case of any open questions or required onsite support.
2. **All participants must fill in a Pre-event Health Check form** to provide information about any potential infections' risks. The respective Team Manager is required to provide the completed and signed forms to the OC by email to covid@rowing.poznan.pl before Monday, October 5th. The form should be filled in within a date of 2-4th October 2020. In case that the form was not provided in time, the European Rowing Board (ERB) & the OC reserve the right to suspend the respective accreditation(s).
3. When Athletes, support staff and team delegates and regatta staff experience Covid-19 related symptoms after arrival in Poznan, Poland until the closing of the event or when questions arise the team manager is obliged to contact without delay the FISA / ERB office and FISA doctor by phone and wait for instructions.
4. When Teams travel from a high-risk area according to FISA guidelines, team managers are advised to contact FISA in advance for evaluation of risk and mitigation procedures.
5. In case that any Covid-19 related symptoms occur during the stay or within 14 days after departure, the Team Manager is obligated to inform the OC accordingly via covid@rowing.poznan.pl
6. In case of a confirmed infection during or within 14 days after the event, the OC will inform all volunteers, participants and spectators accordingly. The Team Manager will remain the single point of contact of the National Federation with the OC.
7. Common Covid-19 related symptoms comprise fever, dry cough, sore throat, disturbances in smelling, diarrhea, fatigue and shortness of breath.

8. Wearing a mouth/nose protection is mandatory on the entire event premises outside of the rowing boats. Coxswains must wear a mouth/nose protection even in the rowing boat/indoor rowing machines. Coxswains must wear a mouth/nose protection even in the rowing boat. The OC highly recommends wearing a mouth/nose protection outside the event premises, especially while following the races on bikes.
9. Everyone must comply with a minimum distance of 1.50 meters to other people on the entire event premises.
10. Everyone is required to adhere to common personal hygiene rules including regular disinfection of hands and compliance with sneeze etiquette. Adequate hand sanitizers will be provided by the OC.
11. In case of repetitive violations against this Event Infection Protection Plan, the ERB and the OC reserve the right to revoke the participant's accreditation and expel him/her from the event premises.
12. To reduce contact/touch points, all doors will be kept open except the doors to the sanitary facilities, the athletes' weighing room and the fire escape doors.
13. The following places of general usage will be cleansed and disinfected periodically in frequently visited areas:
 - door handles and doorknobs,
 - handrails,
 - light switches,
 - additional grip zones, e.g. water dispensers.The cleansing and disinfection activities will be documented in a cleansing protocol.
14. The OC appoints a dedicated contact for the external communication regarding infection-related topics. All publications and statements must be approved by this contact in close alignment with the FISA Event Manager.

III. Special Regulations

1. Shuttle Service

- a) Wearing a mouth/nose protection is mandatory within public transport as well as event-related shuttle buses.
- b) The number of passengers will be limited to ensure compliance with minimum distance rules. Passengers are asked to not use adjacent seats.
- c) Grip zones especially for standing passengers will be periodically disinfected at the end of a bus tour.
- d) The front door remains closed and the bus can only be entered through the rear doors.

2. Accreditation Office

- a) Accreditation
 - aa) The accreditation will be managed via two counters with installed sneeze guards.
 - bb) The Accreditation Office can only be visited by the designated Team Manager of the National Federation.
 - cc) The waiting area is located outside the building.
 - dd) The waiting area is marked on the ground to comply with minimum distance regulations,
 - ee) Disinfecting the hands with the hand sanitizers provided by the OC is mandatory when entering and leaving the Accreditation Office.
- b) Crew Photo Book
 - aa) The volume of photos to be taken onsite shall be decreased to reduce the personal interaction as well as to prevent queues in front of the Accreditation Office.
 - bb) Missing athletes' photos shall be submitted to FISA at databases@fisa.org.
 - cc) All additional hygiene measures for the Accreditation apply accordingly.

3. Regatta Office

- a) The Regatta Office can be contacted during the official opening hours via mail office@rowing.poznan.pl or mobile (number to be published later) to reduce personal interaction.
- b) Crew Change forms can be submitted electronically via databases@fisa.org.
- c) Medical Substitution forms must be submitted in person to the FISA office.
- d) Access to the floors of the Regatta Office is only permitted after registration at the Info Desk and accompanied by OC staff. This does not apply to representatives of ERB/FISA or members of the OC.
- e) People waiting must remain in the entrance area next to the Info Desk.
- f) All counters in the Regatta Office are secured with sneeze guards.

4. Info Desk

- a) The Info Desk may be closed during entire event. All information will be distributed paperless using official communication channels – WhatsApp group, webpages: worldrowing.com, erch2020.eu and mobile apps for iOS and Android.

5. Boat Storage

- a) Any crowding of participants in the Boat Storage area shall be avoided.
- b) Therefore, all boats taking part in the event will be distributed widely across the available boat racks by the OC.
- c) Regular inspection tours will be conducted to ensure adherence to minimum distance regulations.

6. Bag Drop

- a) The volunteers at the Bag Drop must wear both a mouth/nose protection as well as rubber gloves.
- b) Dedicated waiting spots are marked to ensure adherence to minimum distance regulations.
- c) Disinfecting the hands with the hand sanitizers provided by the OC is mandatory when entering and leaving the area.

7. Athlete's weighing

- a) The weighing staff will be separated with sneeze guards from the scales.
- b) For the weighing process, only one crew can enter the weighing area at once.
- c) The waiting area will be separated by partition walls to ensure adherence to minimum distance regulations.
- d) The desk of the weighing staff as well as other equipment and machines will be cleansed and disinfected at the beginning of each shift.
- e) The scale must be covered with a disposable sanitary towel being renewed after each weighing process.
- f) Additional grip zones, e.g. the shovel handle for the deadweight, must be disinfected by the weighing staff after each usage.

8. Sanitary Facilities

- a) The changing rooms and the showers may be closed during the entire event. This will depend on the local regulations at the time of the event.
- b) Toilets will be cleansed and disinfected every 2 hours.
- c) The cleansing and disinfection activities will be documented in a cleansing protocol.

9. Pontoons

- a) The number of people at any given time on the pontoons will be limited to ensure adherence to the minimum distance regulations.
- b) The members of the Control Commission will manage the adherence to this rule. Everyone must comply with their instructions.
- c) The mouth/nose protection may only be removed once the boat is on the water.

10. Motor Boats

- a) Wearing a mouth/nose protection is mandatory for the respective motorboat driver.
- b) In principle, wearing a mouth/nose protection is mandatory for the Umpire as well. He/she might remove the mouth/nose protection while following a race to enhance the communication and audibility.
- c) The transport of additional persons is prohibited.
- d) The driver is responsible for disinfecting the steering wheel and the gear lever upon shift start.
- e) The driver is responsible for disinfecting the flags, the bell as well as the paper holder in case of a change of the Umpire. The megaphone must be exchanged and disinfected intensively.

11. Victory Ceremonies

- a) The medal handover will be executed contactless. Medal tables will be prepared in front of the athletes. Athletes after being called go to medal table and pickup their medal themselves.
- b) The medal trays will be cleansed and disinfected after every victory ceremony.
- c) Any recognizing gestures, e.g. shaking hands, must be avoided.
- d) Athletes can remove their mouth/nose protection only for photos when be surrounded only by their own crew.
- e) The crews must adhere to minimum distance regulations towards other crews during group photos.
- f) Access for media representatives to the Victory Ceremony area is only permitted for FISA staff.

12. Timing Systems and installations

- a) The desks for the time measurement of split times and finish times will be separated across multiple rooms to ensure adherence to the minimum distance regulations.
- b) Input devices must be disinfected after each change of the user.

13. Catering

- a) Catering is only available for accredited persons.

- b) Only a restricted number of persons may reside simultaneously in the catering tent. People will be assigned to specific slots to ensure compliance with this rule. People are not allowed to enter the catering tent outside the individually assigned time slot.
- c) Disinfecting the hands with the hand sanitizers provided by the OC is mandatory when entering and leaving the catering tent,
- d) Self-service is not allowed for receiving the meals. The food containers are secured with sneeze guards.
- e) Dedicated waiting spots are marked to ensure adherence to minimum distance regulations.
- f) Adherence to the minimum distance regulations must be ensured at the tables. Therefore, dedicated seats are marked on the banks. Sitting on adjacent or opposite seats shall be avoided.

14. VIP / Media

- a) Table and chairs will be arranged by the OC to ensure adherence to the minimum distance regulations of 1.50 meters.
- b) The catering in the VIP area will be served and not be available via self-service.

15. Start

- a) Boat Holders:
 - aa) The boat holders will be shuttled in multiple buses to ensure adherence to the minimum distance regulations.
 - bb) The boat holders enter the start bridge one after another in the order of their designated lanes, beginning with the most distant lane. Leaving the start bridge will be done in the reverse order.
 - cc) Wearing a mouth/nose protection is mandatory for all boat holders.
- b) Starter
 - In principle, wearing a mouth/nose protection is mandatory for the Starter as well. He/she might remove the mouth/nose protection while speaking to the rowers to enhance the communication and audibility.
- c) Aligner's Hut
 - aa) The Judge at the Start and the Aligner must adhere to the minimum distance regulations within the Aligner's Hut.
 - bb) A sneeze guard will be installed between Aligner and the Judge at the Start.

16. Grandstand

- a) Every second seat must remain empty to ensure adherence to the minimum distance regulations.
- b) Regular inspection tours will ensure the adherence to the minimum distance regulations in the entire spectators' area.
- c) Spectators must inform the OC about a confirmed infection within 14 days after the event visit.

17. Warm Up Area

- a) The ergs in the warmup area will be installed by the OC ensuring adherence to the minimum distance regulations.
- b) The athletes are responsible for disinfecting the erg handle as well as the seat before starting to row. The OC will provide adequate disinfectants.

18. Team Tents

- a) Teams have no possibility to bring and set up their own tent.
- b) The OC provides dedicated tents for teams – in correspondence to individual orders.
- c) The OC will make every effort to keep distance between and properly fix the tents.
- d) The tents will be regularly sanitized by the OC.
- e) All team tents will be located in a dedicated area.
- f) Disinfecting the hands with the hand sanitizers provided by the OC is mandatory when entering and leaving the team tent area.

19. Sports Presentation Team

- a) A sneeze guard will be installed between the announcers in the Finish Tower.
- b) To increase audibility, the commentators may remove the mouth/nose protection while commentating.